2020
Continuing Education Series

“Navigate Your Future”

FEBRUARY 7, 2020
DR. LARRY SANGRIK
"Medical Emergency Preparedness"

MARCH 27, 2020
DR. LEE ANN BRADY
"Top Clinical Tips for Esthetic Success"

SEPTEMBER 25, 2020
DR. HUGH FLAX
"The Magic of Laser Assisted and Conservative Cosmetic Dentistry"

OCTOBER 23, 2020
DR. HAROLD CROSSLEY
"The Weed of Today is Not Your Momma’s Weed AND
Clues to Your Patients’ Health: Look in Their Bag of Pills"

NOVEMBER 20, 2020
DR. SUSAN MULLER
"Distinguishing the Benign from the Deadly: Oral Pathology Update"

MAY 15, 2020
157th ANNUAL SESSION
Featuring Dr. Uche Odiatu
"Five Patient Lifestyle Habits that Influence Healing
AND
The Human Microbiome: What Every Dental Professional Needs to Know"
Dover Downs Hotel, Dover, DE

Delaware State Dental Society 302-368-7634

All CE programs will be held at the Hilton Wilmington/Christiana,
100 Continental Drive, Newark, DE 19713
Registration & Admission

Pre-registration is highly recommended to ensure your space at each course. Complete the registration form and send to: DSDS, 200 Continental Drive, Suite 111, Newark, DE 19713, or if you are using a credit card, fax to 302-368-7669. The registration form is available on the DSDS website at https://delawarestatedentalsociety.org/ce-series.html.

Doctors and Staff must register on separate forms. Please duplicate the registration form for additional enrollments. If forms are mailed/faxed together, the complete total may be sent as one check or credit card charge.

Registrations will be processed in the order received and confirmations will be returned by email one week prior to each course. Fees are to Delaware State Dental Society, in U.S. funds by check, money order, MasterCard or Visa.

Refund Policy

All requests for refunds or cancellations must be received in writing two weeks prior to the course. No refunds will be given after that time. Each cancellation and/or refund will incur a $35 administrative fee. Registration funds are non-transferable. FAX TO: 302-368-7669.

Inclement Weather

If any changes must occur in the program due to inclement weather, please call the Delaware State Dental Society at 302-368-7634 for a recording of an up-to-date status report.

Continuing Education

The Delaware State Dental Society accepts each full seminar day as six credit hours to meet State of Delaware continuing education requirements. The Board of Dentistry and Dental Hygiene requires all persons licensed to practice dentistry in the State of Delaware to acquire fifty (50) hours of continuing professional education credits every two (2) years. All dental licenses expire on May 31 of even years (e.g., 2018, 2020). Six hours will be given for ADHA and AADA credit as approved by each organization. The continuing education programs of the DSDS are accepted by the AGD for Fellowship/Mastership credit. The Delaware State Dental Society is an ADA/CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Continuing education certificates are distributed following the speaker’s presentation. The certificate is the only record of participation. It is the responsibility of each participant to maintain his/her personal record. Please come prepared with your ADA, ADHA and AGD membership numbers. If you arrive late or leave early, you will only be awarded credits for the amount of time you were in attendance. There will be NO exceptions.

Disclaimer

In the interest of academic freedom, the Delaware State Dental Society has an obligation to present new information in the field of dentistry. Some of this knowledge may be controversial. Sponsorship of a CE course or demonstration does not imply endorsement of a product or technique. The DSDS reserves the right to change, without notice, courses, speakers or scheduling.

DSDS Council on Education Members

Dr. Curtis Leciejewski, CHAIR, Dr. Jessica DiCerbo, Dr. Laura Dougherty, Dr. Jeffrey Felzer, and Dr. Marissa Schnelle,
President – Dr. Cathy Harris

Important Course Information

- **CE Course Location:** Hilton Wilmington/Christiana, 100 Continental Drive, Newark, DE 19713
- **Annual Session Location:** Dover Downs Hotel, 1131 N. Dupont Highway, Dover, DE
- **Registration Check-In:** 7:45 AM for each course.
- **Continental Breakfast:** 7:45 AM to 8:30 AM, available at each course while you visit the exhibiting companies offering a variety of dental products and services. Many companies offer DSDS specials.
- **Course Time:** Each course begins promptly at 8:30 AM and ends at 4:00 PM.
- **Registration Fee:** The course fee includes continental breakfast, beverage break, luncheon, free self-parking and CE credits at the Hilton Wilmington/Christiana.

All photos of the tall ship, Kalmar Nyckel, have been supplied by The Kalmar Nyckel Foundation, 1124 East 7th Street, Wilmington, DE 19801.
Our patients don’t leave their stressful jobs, poor sleeping patterns (insomnia, apnea, snoring), their physical fitness (or lack) or their eating patterns (mindless eating & evening feeding frenzies) in the car before they sit in our chair. There’s irrefutable scientific evidence that these habits have the ability to ramp up inflammation or dial it down. Well adjusted, rested, physically active, healthy eating patients enjoy a physiology that supports a better response to our prevention/restorative interventions. In this high energy entertaining program, be prepared to have your hair blown back but at the same time expand your lifestyle questions on your New Patient exam and be better able to assess what’s impacting patient response to your treatments.

Did you know that in Scientific American and Nature Journal that scientists are considering calling our gut flora or the human microbiome an organ due to its far-reaching impact on a number of other organs and our overall health? This is important information for the dental professional. Do your patients have the guts to douse the flames of inflammation in their mouths? Our patient’s gut flora makes very powerful anti-inflammatory agents when fed key nutrients. Learn what impacts gut integrity: antibiotics, jet lag, fast food, artificial sweeteners & what we dental pros can do! The latest science from the National Institute of Health shows the microbiome impacts overall health as much as our genes and the biggest influence on our microbiome is our diet. Dental industry people are the key professionals to ensure optimum functioning of the masticatory system. Attend this insightful session & enjoy a novel path to lower patients’ inflammatory burden.

**LEARNING OBJECTIVES:**
- Discover how eating habits have the ability to dial down or ramp inflammation and how it affects your treatment outcomes
- Learn why it’s important to identify the sleep deprived (not just apnea) patient
- Understand why your sedentary patients don’t heal as well as your active living patients. ALERT 85% of your patients lead sedentary lives.
- Gain greater insight into the relationship between chronic inflammation & disease
- Develop a conversation style to positively impact your patient during exams

**The Human Microbiome:**
What Every Dental Professional Needs to Know!

Did you know that in Scientific American and Nature Journal that scientists are considering calling our gut flora or the human microbiome an organ due to its far-reaching impact on a number of other organs and our overall health? This is important information for the dental professional. Do your patients have the guts to douse the flames of inflammation in their mouths? Our patient’s gut flora makes very powerful anti-inflammatory agents when fed key nutrients. Learn what impacts gut integrity: antibiotics, jet lag, fast food, artificial sweeteners & what we dental pros can do! The latest science from the National Institute of Health shows the microbiome impacts overall health as much as our genes and the biggest influence on our microbiome is our diet. Dental industry people are the key professionals to ensure optimum functioning of the masticatory system. Attend this insightful session & enjoy a novel path to lower patients’ inflammatory burden.

**LEARNING OBJECTIVES:**
- Gain insight into the science of the human microbiome
- Learn why NEW findings about your patient’s gut flora are shaking the very foundation of health care & nutrition
- Understand why the dental professional is perfectly positioned to help ALL people live more vibrant lives NOW
- Discover the foundational role of your patient’s gut integrity & inflammation

**Dr. Uche Odiatu** has a Doctor of Dental Medicine. He is a professional member of ACSM American College of Sports Medicine, a Certified Personal Trainer with the National Strength and Conditioning Association NSCA and the Canadian Association of Fitness Professionals CanFitPro. He is the co-author of *FIT FOR THE LOVE OF IT* and the *MIRACLE OF HEALTH*. He’s been the invited guest on over 400 TV and radio shows including ABC 20/20.
Medical emergency preparedness in the dental office can be stressful and frightening, not only for the patient, but also for the entire dental team. This course is designed for dentists and staff to prepare their office in accordance with American Dental Association recommendations. The appropriate preparatory steps to take before a crisis occurs will be covered. Then techniques to identify and respond to the eleven medical events dental offices are likely to face will be addressed. This course is a combination of lecture and participatory exercises to challenge attendees to implement concepts presented earlier in the day. Dentists are encouraged to attend with their entire team, including the business staff, as emphasis will be placed on developing a team response to a crisis.

**Course Objectives**

- Understand the three causes of medical emergencies during dental appointments and where dental offices are at risk
- Know the six areas in which the ADA suggests dental offices should prepare for an emergency
- Learn how to organize your dental team for a prompt, organized response
- Discover the medications and equipment every dental office should have available
- Develop techniques to identify and respond to eleven different medical emergencies

**About Larry J. Sangrik, DDS**

Larry J. Sangrik, DDS, is a 1979 graduate of The Ohio State University College of Dentistry. In addition to practicing general dentistry with an emphasis on meeting the needs of apprehensive patients, he has lectured nationally at most of the nation's major dental meetings on medical emergency preparedness, dental fear and the use of sedation in dentistry. He has written numerous articles on these subjects and published an original research project published by the American Association of Dental Boards. He developed, authored and filmed a medical emergency manual and video series which was released by the American Dental Association in 2019.

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Esthetic dentistry is changing at a rapid pace. Being successful and efficient is about staying on top of the newest trends and clinical tips. In this program, Dr. Brady will present the top clinical tips and techniques she is teaching in the area of esthetics. Some are old tried and true approaches that remain successful, while others introduce brand new materials and approaches.

**Course Objectives**

- Anterior Composite Layering
- Anterior Implant Esthetics
- Tissue Management & Impressions
- Provisionalization

**About Lee Ann Brady DMD**

Dr. Lee Ann Brady is a privately practicing dentist and nationally recognized educator, lecturer and author. With an extensive history in leadership, she is currently Director of Education of the Pankey Institute. Dr. Brady has also developed a vast library of online instruction at leeannbrady.com and restorativenation.com. She practices in Glendale, Arizona, is a member of the editorial board for the Journal of Cosmetic Dentistry, Inside Dentistry and Dentaltown Magazine.
Laser technology has become a rising star in the evolution of appearance enhancements. Dentistry has seen a huge breakthrough with the introduction of a combination hard-soft tissue CO2, Erbium and Diode wavelengths. The conservative nature of this technique has created a firm footing in the anti-aging trend that is spanning the globe. Among the many benefits of less invasive care and quicker healing responses, Dr. Flax has helped pioneer the "closed flap technique" that, in many cases, puts control of gingival and osseous contours into the hands of the cosmetic restorative dentist. Improved artistry has greatly reduced treatment times, enhanced income, and allowed patient satisfaction to soar better than ever. In addition, other uses will be shown that will help patients get treatment for ulcers, soft tissue anomalies/biopsies, and removal of decay—often without anesthesia.

**Course Objectives**

- Find out protocols which are aesthetically beautiful and biologically healthy
- See the simple techniques that assure success for you and your patients
- Discover a guaranteed way to help your cases to finish at least 2 months earlier
- Learn updated techniques in posterior composites that are minimally invasive

**About DR. HUGH FLAX**

Dr. Flax is internationally known for his leadership in cosmetic dentistry. A Past President of the American Academy of Cosmetic Dentistry, he has lectured and authored in Europe, Japan, Canada, and the United States on lasers, smile design, and advanced restorative techniques to enhance the skills of dental teams in making their care world class for their patients. Hugh D. Flax received his DDS degree from Emory University in 1983 following undergraduate Phi Beta Kappa honors. He is on the Editorial Board of the Journal of Cosmetic Dentistry and Practical Periodontics and Restorative Dentistry. Dr. Flax is a member of the AAED, ADA, AGD, ALD, AAID, ICOI, Catapult Education, and the L.D. Pankey Alumni Association. He is also a certified Fellow with World Clinical Laser Institute and Clinical Instructor at Georgia Regents University College of Dental Medicine. Dr. Flax practices full time in Atlanta, Georgia, focusing on functional-appearance-related conditions and advanced laser dentistry as well as writing and lecturing on how to help others do the same for their own practices.

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**Course Objectives**

- The physical characteristics of marijuana
- The evidence supporting medicinal uses
- Differences among edible, vaping, and smoking marijuana
- The meaning of shatter, dab, wax, and scat
- Impact of patient use of marijuana on dental treatment

**CLUES TO YOUR PATIENTS’ HEALTH: LOOK IN THEIR BAG OF PILLS**

Your patients are living longer thanks to their medications, but many of the physician-prescribed medications used by your patients have dental implications and side effects affecting your treatment plan. This presentation includes the indications, contraindications, and side effects of the most common physician-prescribed medications. Many of these medications were not approved when you took your pharmacology course in dental school. These medications represent one third of all prescriptions taken by your dental patients, and familiarity with these drugs will provide the dental practitioner with a better appreciation for the health profile of your dental patient.

**Course Objectives**

- Prescription, OTC medications, and foods that could adversely interact with dental drugs
- Why your patient is taking their medications
- What oral side effects may be caused by these medications
- When not to prescribe NSAIDs

**About DR. HAROLD CROSSLEY**

Hal Crossley is Professor Emeritus at the University of Maryland Dental School. He received a Bachelor of Science degree in Pharmacy from the University of Rhode Island in 1964, the Master of Science (1970) and Doctorate degrees (1972) in Pharmacology. The University of Maryland Dental School in Baltimore awarded Dr. Crossley the D.D.S. degree in 1980. He serves on the Maryland State Dental Association’s Well-Being Committee, is an active member of Phi Kappa Phi, Omicron Kappa Upsilon Honorary Dental Society, the American College of Dentists, International College of Dentists, and an honorary member of the Thomas B. Hinman Dental Society. He was the recipient of the 2008 Gordon Christensen Lecturer Recognition award presented by the Chicago Dental Society.
Fasten your seatbelts! This lecture will be heavy on pictures with the goal of illustrating a variety of conditions that can be encountered frequently in the dental office. Growths that can be seen in a wide spectrum of ages from children to the elderly will be reviewed. This lecture will describe HPV infections, the natural history of the infection and which HPV-associated lesions are of most concern. The presentation of oropharyngeal carcinoma will be discussed and contrasted with oral cavity cancer – specifically cancers that arise on the lateral border of the tongue. Risk factors for HPV-related cancers and review of the current HPV vaccines available will be reviewed. The role of oral health care providers in screening for these cancers will be discussed.

**Course Objectives**

- How to develop a differential diagnosis for common oral growths
- Understand how color, shape and size can aid in identifying the growth
- Learn which lesions are normal variations and when to refer for biopsy
- Be familiar with the terminology of leukoplakia and erythroplakia and how to distinguish these entities from masqueraders
- How to develop an organized approach to oral examinations and recognize the most common areas for oral cancer development
- Understand the role of HPV in cancer

**About DR. SUSAN MULLER**

Dr. Susan Muller is a graduate of Medical University of South Carolina School of Dental Medicine and completed her Oral and Maxillofacial Pathology training at Emory University, and a Head & Neck Pathology fellowship at the University of Pittsburgh. Dr. Susan Muller retired from Emory University October 2013 and is Professor Emeritus and is currently in private practice with Atlanta Oral Pathology. Dr. Muller enjoys lecturing on Oral Pathology and has lectured throughout the world. She also published on her favorite topics and has more than 200 publications. Dr. Muller is Past President of the American Academy of Oral and Maxillofacial Pathology and the North American Society of Head and Neck. She has served on the American Board of Oral and Maxillofacial Pathology and was Editor-in-Chief of Head and Neck Pathology from 2008-2018.
## 2020 Continuing Education Registration Form

Register Online at [https://delawarestatedentalsociety.org/ce-series.html](https://delawarestatedentalsociety.org/ce-series.html)

### CHECK ALL THAT APPLY ...

<table>
<thead>
<tr>
<th>DSDS/ADA MEMBER</th>
<th>NON-ADA MEMBER</th>
<th>STAFF</th>
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<td>Five Program Package</td>
<td>$1,100.00</td>
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### Individual Courses:

- **FEBRUARY 7, 2020**  
  **DR. LARRY SANGRIK**  
  Medical Emergency Preparedness  
  $315 - before Jan. 24  
  $335 - after Jan. 24  
  $415 - before Jan. 24  
  $435 - after Jan. 24  
  $175 - before Jan. 24  
  $195 - after Jan. 24

- **MARCH 27, 2020**  
  **DR. LEE ANN BRADY**  
  Top Clinical Tips for Esthetic Success  
  $315 - before Mar. 13  
  $335 - after Mar. 13  
  $415 - before Mar. 13  
  $435 - after Mar. 13  
  $175 - before Mar. 13  
  $195 - after Mar. 13

- **SEPTEMBER 25, 2020**  
  **DR. HUGH FLAX**  
  The Magic of Laser Assisted and Conservative Cosmetic Dentistry  
  $315 - before Sep. 11  
  $335 - after Sep. 11  
  $415 - before Sep. 11  
  $435 - after Sep. 11  
  $175 - before Sep. 11  
  $195 - after Sep. 11

- **OCTOBER 23, 2020**  
  **DR. HAROLD CROSSLEY**  
  The Weed of Today is Not Your Mamma’s Weed AND Clues to Your Patients’ Health: Look in Their Bag of Pills  
  $315 - before Oct. 9  
  $335 - after Oct. 9  
  $415 - before Oct. 9  
  $435 - after Oct. 9  
  $175 - before Oct. 9  
  $195 - after Oct. 9

- **NOVEMBER 20, 2020**  
  **DR. SUSAN MULLER**  
  Distinguishing the Benign from the Deadly: Oral Pathology Update  
  $315 - before Nov. 6  
  $335 - after Nov. 6  
  $415 - before Nov. 6  
  $435 - after Nov. 6  
  $175 - before Nov. 6  
  $195 - after Nov. 6

**May 15, 2020, Mark Your Calendar**  
157th Annual Session featuring Dr. Uche Odiatu (registration information will be available in February)

### GRAND TOTAL:

### Refund Policy: All requests for refunds or cancellations must be received in writing no less than two weeks prior to the course. No refunds will be given after that time. Each cancellation and/or refund will incur a $35 administrative fee: Registration funds are non-transferable, FAX TO: 302-368-7669.

### Registration Category - Check One Only

- Dentist
- Dental Assistant
- Dental Hygienist
- Office Staff
- Dental Resident (Complimentary)

**NAME:**  
**FIRST**  
**MI**  
**LAST**

**EMAIL ADDRESS** (REGISTRATION CONFIRMATIONS WILL BE SENT BY EMAIL ONE WEEK PRIOR TO THE COURSE)

**EMPLOYER’S NAME** (STAFF REGISTRATION ONLY)

**OFFICE ADDRESS**

**CITY**  
**STATE**  
**ZIP CODE**

**OFFICE TELEPHONE**  
**CELL PHONE** (for emergencies)

**Payment** (full payment is due with registration)

- Check for $__________ is enclosed payable to Delaware State Dental Society
- Charge $__________ to my ________ MasterCard ________ VISA

**ACCOUNT NUMBER**  
**EXPIRATION DATE**  
**SECURITY CODE ON BACK OF CARD**

FOR INFORMATION Call: 302-368-7634

Email: dedentalsociety@gmail.com • Fax: 302-368-7669 • Website: www.delawarestatedentalsociety.org

Mail: DSDS, 200 Continental Drive, Suite 111, Newark, DE 19713
Your patients rely on your expertise to evaluate and make recommendations to keep them healthy. Your local independent insurance agent can do the same for you when it comes to suggesting the right combination of coverage to protect the practice you’ve worked hard to build.

Find an independent agent representing The Cincinnati Insurance Company by visiting cinfin.com or by calling Mike Terrell, 800-769-0548.

SPEND YOUR TIME EXAMINING YOUR CLIENT’S TEETH, NOT YOUR COVERAGE.